7-Night Costa Mujeres CME AWAY® Resort

January 23—30, 2027
At Grand Palladium & TRS Coral
Costa Mujeres, Mexico

CAGS SCALPELS AND SUN: GENERAL SURGERY ESSENTIALS AWAY

ROUNDTRIP ECONOMY AIRFARE FROM TORONTO INCLUDED!

ADULTS-ONLY AND FAMILY-FRIENDLY OPTIONS!

CME AWAY® by Sea Courses RESORT

COMPANION STAYS FREE!

CANADIAN ASSOCIATION OF General Surgeons

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The CME AWAY® Commitment

Sea Courses is a medical education company. We offer courses from the medical profession's top educators. These take place around the world allowing physicians to combine learning with personal health breaks and rejuvenation time. Medical professionals choose our CME AWAY® courses because of the combination of high quality and engaging speakers, the latest educational content, terrific venues and family time away from the stresses of everyday life. After 30 years, we are recognized as the leading provider of CME AWAY® experiences.

Our History

Sea Courses came into being in 1995. It was the creation of family physician Dr. Martin Gerretsen and his business partner Harvey Strydhorst. The first CME AWAY® trip operated in 1996 and this has been followed by over 600 trips since then. **Click here to read more about our history!**

The CME AWAY® Difference

Our surveys continue to validate that destination CME's offer these key advantages over traditional local classroom CME events:

- All CME AWAY® programmes are certified by the College of Family Physicians of Canada.
- Participants have extended opportunities to interact formally and informally with faculty and peers.
- Sessions occur throughout the entire duration of your trip, allowing time for reflection and further questioning of what has been learned.
- Attendees not only come from several disciplines and health professions, but also from many provinces, states and countries – all of which adds to the group interactive discussions

Even though your primary goal is to be educated, you will accomplish so much more on a CME AWAY® by Sea Courses… The health benefits of time away, the learning experience that is a big part of travelling the world, a vacation experience with colleagues, family and friends. These are the unique advantages of the Sea Courses' CME AWAY® environment.

The CME AWAY® Takeaways

The goal on every CME AWAY® trip is for you to Explore, Learn & Connect.

Explore

- Currently adding new destinations for 2026 & 2027
- Topics beyond traditional CME

Learn

- CME's are filled with PEARLS that are relevant and practical for family physicians and specialists
- CME's are evidence based with interactivity and attendee participation is encouraged

Connect

- Networking with other professionals
- Opportunities to share knowledge with your peers throughout the duration of the trip

All educational programming is provided by Sea Courses Education, an Ontario Not for Profit Corporation.

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INTRODUCTION

CME AWAY® by Sea Courses is pleased to invite you to a 7 Night Land CME in Costa Mujeres, Mexico. CAGS Scalpels and Sun: General Surgery Essentials Away is an exciting new CME opportunity for Canadian general surgeons. Through a mix of updates, case-based discussions, tips and tricks and "how I do it" session formats, participants will gain practical knowledge that addresses multiple aspects of surgical practice.

FACULTY

Dr. Sean Bennett | Dr. Bennett is a General Surgeon and Hepato-Pancreato-Biliary Surgical Oncologist at Queen's University in Kingston. He completed General Surgery residency, as well as a Master's in Epidemiology, at the University of Ottawa. He is dual-accredited in Surgical Oncology and HPB from the University of Toronto fellowship program. His clinical focus is in advanced HPB malignancies such as pancreatic cancer, biliary tract cancers, colorectal cancer liver metastases, and neuroendocrine tumors. His research focuses primarily on perioperative and cancer clinical trials, as well as health services research.

Dr. Eric Hyun | Dr. Hyun is an assistant professor in the Department of Surgery at the University of Manitoba. His main practice focus is General and Colorectal Surgery. His clinical interests include inflammatory bowel disease, rectal cancer, and rectal prolapse.

Dr. Ahmer Karimuddin | Dr. Karimuddin is a colorectal surgeon, researcher, and educator working at St Paul's Hospital in Vancouver, BC, whose work sits at the intersection of clinical excellence, health equity, and the culture of academic medicine. He trained at Western, Saskatchewan, and the University of Toronto, and has spent his career trying to understand not just how surgery works, but how surgical communities work. That question has shaped his research on outcomes, equity, and access; his leadership of training programs that were rebuilt from the ground up; and his conviction that the relationships inside a department are as consequential as the science it produces. He holds the CN Woodward Chair in Surgery at UBC, where he was promoted to Professor in 2025, and serves as Head of the Department of Surgery. He has published more than 100 peer-reviewed papers, led more than $3.5M in competitive research, and served as President of Doctors of BC. He was recognized with the King Charles III Coronation Medal in 2025.

Dr. Nicole Kolozsvari | Dr. Kolozsvari is a general surgeon at the Ottawa Hospital. She received her medical degree from the University of Western Ontario. She then completed her General surgery residency, Master's of Science and Minimally Invasive Bariatric Surgery Fellowship all at McGill University. She joined the Department of Surgery at the University of Ottawa in 2016, with a practice focused on bariatric, foregut and minimally invasive surgery.

Dr. Kara Nadeau | Dr. Nadeau is a General Surgeon at Health Sciences North in Sudbury, Ontario, where she practices general surgery and breast surgical oncology. She has a particular clinical interest in oncoplastic breast surgery and advanced breast conservation techniques. She also serves as Academic Coordinator for the NOSM General Surgery Residency Program. Her academic interests include breast surgical oncology, oncoplastic surgery, and surgical education. Her research has focused on providing high-value, timely feedback for residents within Competency by Design training models and on improving access to breast cancer care in rural and underserved communities.

Dr. Niv Sne | Dr. Sne is an Associate Professor in the Department of Surgery and Trauma with Hamilton Health Sciences and is currently situated at the Hamilton General Site where he runs a growing General Surgery/ Trauma practice with a special interest in Abdominal Wall Reconstruction. Dr. Sne has recently formalized an AWR course through McMaster University with the intention to create a Hernia Centre of Excellence. In addition to his clinical interests, Dr. Sne serves as the CTU Director at the Hamilton General Hospital while he continues to participate in both provincial, national and international research studies.

Dr. Stephen Quigley | Dr. Quigley is an HPB and General Surgeon, with a Master's in Quality Improvement. He is the Program Director of General Surgery at Memorial University and is working to establish an HPB robotic surgery program in Newfoundland.

TOPICS

Topics will include: Colorectal, endoscopy, foregut, hernias, surgical oncology, HPB, trauma and acute care surgery.

After completing this course, participants will be able to:

- Assess their knowledge of evidence-based and best practices in general surgery
- Integrate best evidence and clinical expertise into decision-making and patient care.

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Costa Mujeres, Mexico

DAY	DATE	LOCATION	CME TIMES
1	Saturday, January 23	Cancun, Mexico	
2	Sunday, January 24	Cancun, Mexico	Welcome Reception
3	Monday, January 25	Cancun, Mexico	8:00am—12:30pm
4	Tuesday, January 26	Cancun, Mexico	
5	Wednesday, January 27	Cancun, Mexico	8:00am—12:00pm
6	Thursday, January 28	Cancun, Mexico	8:00am—12:30pm
7	Friday, January 29	Cancun, Mexico	
8	Saturday, January 30	Cancun, Mexico	

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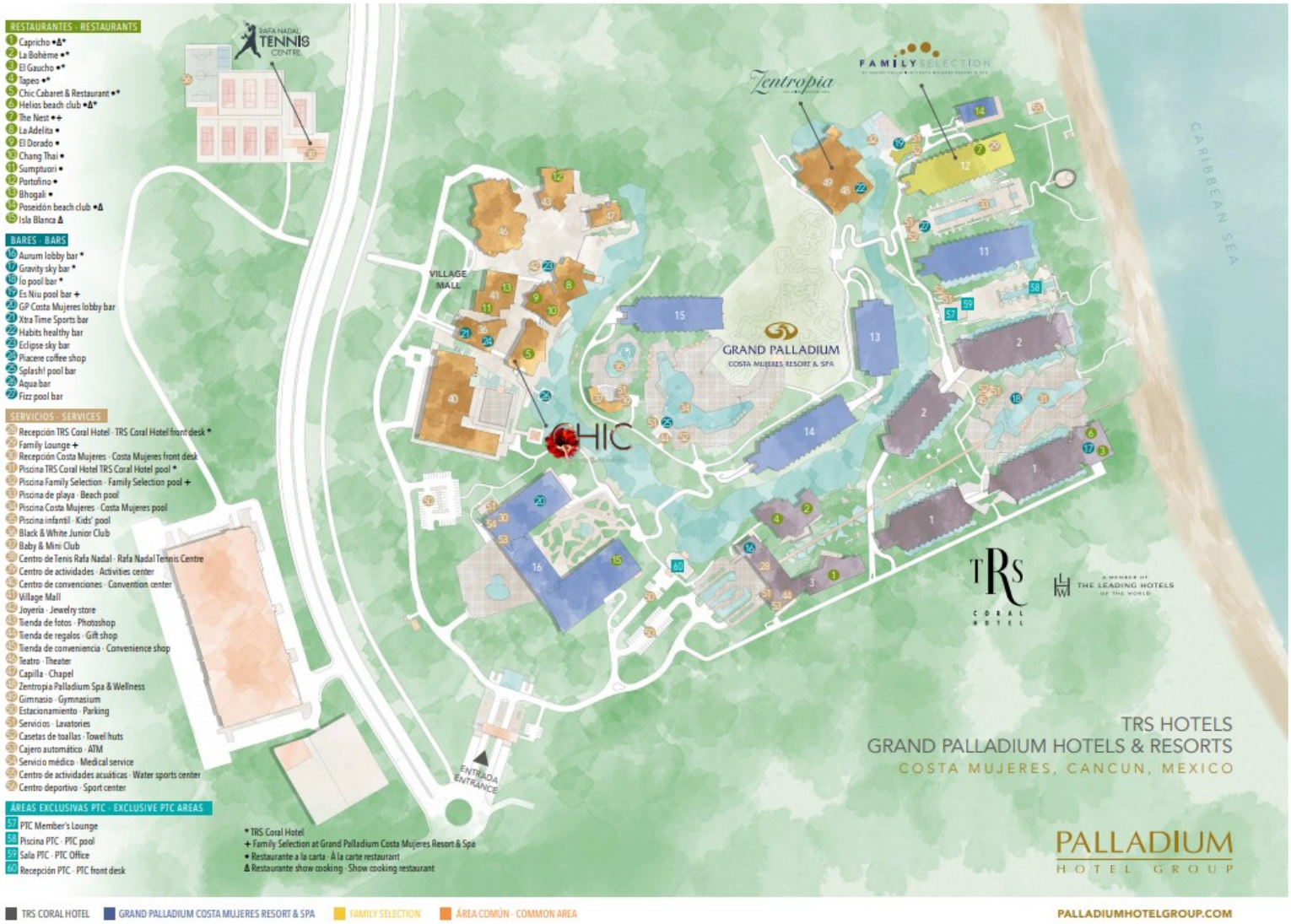
Grand Palladium Costa Mujeres & TRS Coral are sister properties that are located beside each other on the same beach! Guests staying at Grand Palladium will not have access to TRS Coral facilities, but guests staying at TRS Coral will have access to facilities at Grand Palladium and be able to enjoy the benefits of both. Both properties share access to the Convention Centre and Zentropia Spa & Wellness Centre.

Click here for detailed information about both resorts!



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Costa Mujeres, Mexico

Junior Suite –Garden View at Grand Palladium

Junior Suite –Pool Side at Grand Palladium

Family Selection Junior Suite Beachside at Grand Palladium

Junior Suite—Garden View at TRS Coral

Junior Suite Beachside Oceanview at TRS Coral

Junior Suite Swim-Up at TRS Coral

Junior Suite – Garden View at Grand Palladium	Fabulous, modern room with views of either pleasant tropical gardens or the glittering lagoon. Treat yourself to an unforgettable stay in the Caribbean with this spacious room complete with a stunning furnished terrace where you can relax and unwind. This room is available with either one king bed or two double beds – we'll do our best to accommodate your preference. Each room also has a sofa bed. You will have many amenities that will complete your experience such as a minibar, bathrobe and slippers, bathroom accessories, coffee and tea facilities.
Junior Suite – Pool Side at Grand Palladium	Spacious room conveniently located just steps from the main pool area. Disconnect from your day-to-day life and unwind in a dreamy Caribbean paradise. This room is available with either one king bed or two double beds – we'll do our best to accommodate your preference. Each room also has a sofa bed. You will have many amenities that will complete your experience such as a minibar, bathrobe and slippers, bathroom accessories, coffee and tea facilities.
Family Selection Junior Suite Beachside at Grand Palladium	Spacious, modern room conveniently located just steps from the beach. Take your family on an unforgettable vacation to Costa Mujeres in this comfortable seaside room with a hydromassage bath and a furnished terrace. This room is available with either one king bed or two double beds – we'll do our best to accommodate your preference. Each room also has a sofa bed. You will have many amenities that will complete your experience such as Butler service, a minibar, bathrobe and slippers, bathroom accessories, coffee and tea facilities.
Junior Suite—Garden View at TRS Coral	Stunning room with warm, modern interior design and a fabulous terrace overlooking manicured tropical gardens. Treat yourself to an unforgettable stay in this spacious junior suite with a luxe marble rainfall shower and a standalone hydromassage bathtub. This room is available with either one king bed or two double beds – we'll do our best to accommodate your preference. Enjoy exclusive services such as private check-in and Butler service.
Junior Suite Beachside Oceanview at TRS Coral	Perfect for sea lovers, this accommodation offers both ocean views and a convenient location just seconds from the beach. Treat yourself to true comfort and luxury in this modern room with an elegant marble rainfall and a standalone hydromassage bathtub. Relax on the furnished terrace while looking out onto the sparkling turquoise waters of the Caribbean Sea. This room is available with either one king bed or two double beds – we'll do our best to accommodate your preference. Enjoy exclusive services such as private check-in and Butler service.
Junior Suite Swim-Up at TRS Coral	Fabulous accommodation with a luxurious swim-up pool and everything you need for an indulgent getaway. You'll never want to leave your room thanks to the dreamy terrace featuring a Balinese bed and unique hanging chairs. Grab a drink and unwind in the sunshine with your feet in the water. This room is available with one king bed. Enjoy exclusive services such as private check-in and Butler service.

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Rates as of July 28, 2025-$CAD	Guest 1	Guest 2	Child 2 Years	Child 3-17 Years	3rd Adult
GRAND PALLADIUM COSTA MUJERES (FAMILY-FRIENDLY)					
Junior Suite—Garden view	$8,199	FREE	$1,099	$2,499	$3,699
Junior Suite—Poolside	$8,599	FREE	$1,099	$2,699	$3,999
~~Family Selection Jr. Suite Beachside~~ SOLD OUT	~~$11,898~~	~~FREE~~	~~$1,099*~~	~~$1,099*~~	~~$5,299~~
* Rate shown is for Children from 2 – 17 years					
TRS CORAL (ADULTS-ONLY)					
~~Junior Suite—Garden view~~ SOLD OUT	~~$8,698~~	~~FREE~~	~~N/A~~	~~N/A~~	~~$3,999~~
Junior Suite Beachside Oceanview	$9,998	FREE	N/A	N/A	$4,999
~~Junior Suite Swim Up~~ SOLD OUT	~~$10,798~~	~~FREE~~	~~N/A~~	~~N/A~~	~~N/A~~

Prices shown are CME AWAY® only group rates. Additional room categories may be available. Please ask your CME AWAY® Advisor.

Air Canada connecting flights available from over 60 Canadian airports (price based on routing), please ask your CME AWAY® Advisor for details.

Conference Tuition	BOOK BY JULY 31, 2026	BOOK AFTER JULY 31, 2026
Specialist	$1,295	$1,445
Resident, Retired, RN, NP, PA, Other	$1,095	$1,245
Frequent Traveller With CME AWAY® by Sea Courses? Ask your agent about tuition discounts!		

Cancun/Costa Mujeres/Playa Mujeres/Riviera Maya Environmental Sanitation Fee & Cancun Visitax .

The municipal government of Cancun has imposed an environmental sanitation fee which will be collected by hotels in Cancun and the Riviera Maya. Guests will pay a fee between $30 and $40 pesos (approx. $3.00 - $4.00 CAD) per room, per night. This is a mandatory fee and will be collected locally by the hotel. This fee is subject to change without prior notice. Additionally, Starting from April 1, 2021, the state of Quintana Roo and the Mexican state authority has made it compulsory for foreign visitors above the age of 4 to pay tourist tax or commonly called **Visitax**.

TERMS & CONDITIONS

1. This package is sold in CAD, inclusive of taxes & service charges.
2. Prices include roundtrip economy airfare from Toronto to Cancun on Air Canada or Air Canada Rouge and include taxes & fees.
3. Prices include roundtrip shared transfers between Cancun airport and resort.
4. Tuition is sold in CAD.
5. Price valid at the time of printing and subject to change without notice. prices become guaranteed with payment.
6. Sea Courses is not responsible for any international currency conversion rate fluctuations charged by your credit card or financial institution.
7. Non-refundable deposit of 25% of package is due at time of booking.
8. Non-refundable tuition deposit of $150 per attendee is due at time of booking to reserve your seat in the conference. Only paid registrants receive a certificate of attendance.
9. Second deposit of 25% of balance of trip is due by October 14, 2025.
10. Third deposit of 40% of balance of trip is due by June 23, 2026.
11. Final payment for trip and tuition is due by October 20, 2026.
12. Cancellations prior to October 14, 2025 – penalty is loss of deposit.
13. Cancellations between October 14, 2025 and June 23, 2026 – penalty is 25% of the total price.
14. Cancellations between June 23, 2026 and October 20, 2026—penalty is 40% of the total price.
15. Cancellations after October 20, 2026 – penalty is 100% of the total price and tuition.
16. Trip and conference must be booked through Sea Courses.
17. A $100 CAD per person admin fee will be charged by sea Courses for any cancellation.
18. Sea Courses reserves the right to change speakers and/or program content at any time. Sea Courses reserves the right to cancel the course for just cause. Upon cancellation, registration fee will be returned or held as a future credit.

TRAVEL INSURANCE

WHY BUY TRAVEL INSURANCE?

In this everchanging world, most of us still want to get on with our lives and not be overwhelmed by world events. Planning well in advance of travel means that there is time for conditions to change. It is therefore, more important than ever, to have adequate insurance coverage. Most insurance policies require government warnings NOT TO TRAVEL to a specific destination in order to allow cancellation with a full refund. Please carefully review the details of your policy.

For Canadian residents, we highly recommend Manulife Travel Insurance. We have sold their policies for many years with virtually no issues. In particular, we would strongly recommend securing their CANCEL FOR ANY REASON coverage. This must be booked within 48 hours of making your travel reservations. However, the coverage provides you with total peace of mind, regardless of the reasons you choose not to travel. Our travel advisors can explain all the details and provide you with the exact coverage you require.

Click this link to access the registration form