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Leading Self: What could this look like for me? Quebec City (2015)

2015 Canadian Association of General Surgeons Presidential
Address, September 2015

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Conflict of Interest Declaration

I, Debrah Wirtzfeld, declare that in the past 3 years:

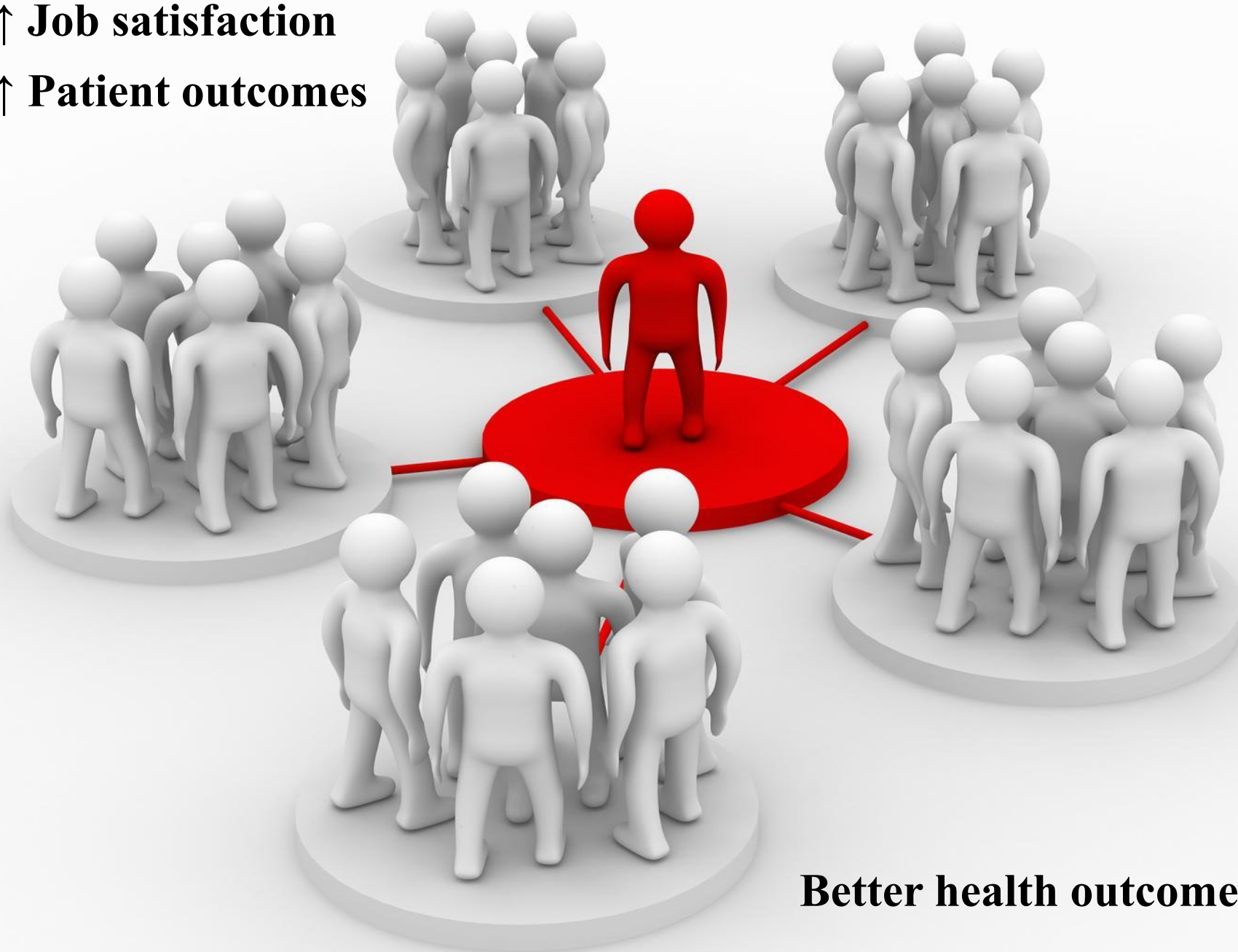
I have no conflicts related to the discussion today

Objectives

- **Recognize examples of learning activities that could enhance your ability to lead self**
- **Develop a personalized action plan that promotes leading self**

↑ **Job satisfaction**

↑ **Patient outcomes**



Better health outcomes

What does it look like to 'lead self'?

- Where are you now?

- Where would you like to get?



PHYSICIAN INTENTION
=
PHYSICIAN IMPACT

LEADERSHIP INTENTION
=
LEADERSHIP IMPACT

LEADS FRAMEWORK



Leading Self*

**Self
Awareness**

**Self
Development**



**Self
Management**

**Demonstrate
Character**

* Dickson G and Tholl B, Bringing Leadership to Life in Health: LEADS in a Caring Environment, 2014



Kouzes and Posner's Five Leadership Practices Model

Five Leadership Practices Model



Source: Kouzes & Posner

EXPLORER INNOVATOR PIONEER ADVENTURER VISIONARY TRAILBLAZER



***Medicine is not a profession that
requires amateur leadership.***

***Medicine is a profession that requires
professional leadership!***



LEADERSHIP INTENTION

=

LEADERSHIP IMPACT



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